



## REFRESHING SLIM-MINT SHAKE

- 1-½ cups whole milk
- 1 pkg **TSG Peppermint Kiss Cheeseball Mix**
- ½ tsp vanilla extract
- ⅛ tsp nutmeg
- 16-18 medium ice cubes

1. Combine Milk, both packets of peppermint kiss mix, vanilla, and nutmeg in blender container. Cover and run on low for 30 seconds.
2. Add ice cubes and combine to blend until smooth, about 15 seconds more.

Makes 2 shakes, about 12 oz each

Variation: Add 2 Tbsp powdered cocoa or dark chocolate syrup, if desired.

### **BEVERAGE**